



Parish Office

2405 - 12 Avenue S. T1K 0P4

Telephone: (403) 327-8931

Email: pastorallsaints@shaw.ca

Bulletin Submissions: adminallsaints@shaw.ca

Website: AllSaintsLethbridge.org

February 21, 2021

First Sunday of Lent

Our Churches

Assumption	2405 - 12 Avenue S.
St. Basil's	604 - 13 Street N.
St. Patrick's	Closed

Our Priests

Fr. Kevin Tumback - Pastor
pastorallsaints@shaw.ca
Fr. Derek Remus - Associate Pastor
associateallsaints@shaw.ca

Mass Times

Saturday	5:00 p.m. - Assumption
	7:00 p.m. - St. Basil's
Sunday	7:30 a.m. - St. Basil's
	9:00 a.m. - Assumption
	11:00 a.m. - St. Basil's
	6:00 p.m. - Assumption
Tuesday	7:00 p.m. - St. Basil's
Wednesday	12:05 p.m. - St. Basil's
Thursday	12:05 p.m.. - Assumption
Friday	9:00 a.m. - Assumption

You are able to **register for weekend masses** online or by phoning the office on Thursday at 403-327-8931. The online registration link is on our website homepage.

Open for Prayer

Assumption Church will be open for prayer Monday to Friday from 9:30am - 4:00pm
The church will be locked, please ring the office doorbell and someone will open the east entrance.
Please respect social distancing of 6 feet

Eucharistic Adoration

Every Tuesday the Blessed Sacrament will be exposed in Assumption Church from 8 until 11:00p.m

Sacraments

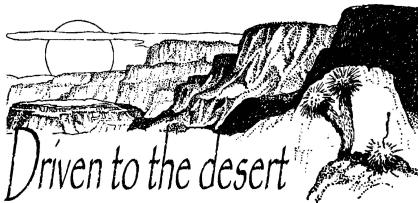
Reconciliation

By appointment, please phone the parish office.

Tuesday 8:00-10:00p.m. at Assumption .

Anointing of the Sick

Arrangements made by calling the Parish Office.



Sunday Reflection

In the desert with Him

If we're honest, many of us approach Lent with dread. A season of sacrifice sounds so harsh, so sterile. And forty days, no less! We look ahead with trepidation.

What could be good about such a long, dark period?

Stop and look again. Yes, Lent brings a bit of the wilderness into our Christian year. It asks us to stand away from the comforts of life in the city. Lent calls us into the desert with Jesus. From the silent sands He beckons us to join Him in His trials, reminding us that He has walked the burning path first. And it is His blessed companionship that makes it worth the price. "Come, child, be alone with me and we will find a road through the desert together."

Prayers of the Faithful

Remember the sick of the Parish

Anne Nguyen, Mary Cartwright, George Jagielski, Mary Mehlen, Joe Karl, Dana Fabbi, Eileen Duchan, Phyllis Kambeitz, Gladys Reive, Gerri Shankland, Emma Poehlmann, Mary Koskowich, Donald Wilson, Vonda Danielson, Catherine Ek, Vera Linders, Perry Kaupp, Barb Lea, Cathy McGinty, Allan Feist, Math Harty, Cinette Kado, Carmen Groten & Lucy Pavan. Let us also remember all those infected with the coronavirus.

and the Deceased

Susie Ribic.

Baptisms

Please welcome into our Christian community **Bria Calvario Llanto** who celebrated the Sacrament of Baptism this weekend.



Stewardship Reflection

"I am establishing my covenant with you and your descendants after you." (Gen 9.9)

By your baptism, you have entered into a covenant with the Lord Jesus. With him you are crucified. With him, you are raised up. In Christ we have the power to crucify sin and to raise the world up to new life.

Sacramental Prep

Upcoming Classes

First Reconciliation

February 22 & 25



Confirmation

March 1 & 4

All classes are on Zoom and begin at 6:00 pm.

For more information please email Cyndi at educationalsaints@shaw.ca

Eucharistic Adoration

Every Tuesday we will have Eucharistic Adoration at Assumption from **8:00 to 11:00 p.m.** with **confessions** from 8:00 - 10:00.

Adoration will now be live-streamed for those who cannot get to the church and want to spend some time with Jesus. The live-stream will run from 8pm - 10pm.

Confessions

Saturdays in Lent

1:00 pm to 3:00 pm at both St. Basil's and Assumption

February 20	February 27
March 6	March 13
March 20	March 27

Tuesdays during Adoration

Tuesday evening 8:00 pm to 10:00 pm at Assumption.

By appointment

Please phone the parish office at 403-327-8931.

St. Ambrose Parish, Coaldale - Every Friday during Lent from 8:00 - 9:00 pm there will Confessions, Exposition, and Stations of the Cross.

St. Catherine's Parish, Picture Butte - Every Thursday during Lent from 8:00 - 9:00 pm there will Confessions, Exposition, and the Stations of the Cross.

A guide to LENT

CATHOLICYYC.CA/LENT

40 DAYS & NIGHTS

Together we prepare for the great Easter mysteries by committing ourselves to fulfill our baptismal call to maturity, holiness, service, and community. The Diocese of Calgary have prepared a Lent Resources page for individuals, family, children, ministries and pastoral leaders in the Diocese: catholicyycc.ca/Lent.

Mass Intentions

Tuesday, Feb. 23	7:00 p.m.	Aurelio Delbello (dec.)
Wednesday, Feb. 24	12:05 p.m.	Vince Converse (dec)
Thursday, Feb. 25	12:05 p.m.	Cody Lencucha (dec.)
Friday, Feb. 26	9:00 a.m.	Mara Ostafichuk (dec)



Mass Intention sent to our retired priests in February

- Karen Aulie (dec.)
Intention of Baby Casafrancisco
Intention of Rev. Fr. Thomas Celso
Intention of Ron Chiefmoon
Maria D'Agnone (dec.) (multiple)
Intention of Tommy Dovichak
Intention of Destiny Egurs
Intention of Jean Fuder
Bill Goruk (dec.)
Intention of Math Harty (multiple)
John Lesiuk (dec.)
Cory Merkl (dec.) (multiple)
Louis Ikem Ndefo (dec.)
Anne Nguyen (multiple)
Intention of Yvan Parker (multiple)
Intention of Carole Parker (multiple)
Frank Peta Sr. (dec.)
Frank & Anna Peta (dec.)
Intention of Manfred Poehlmann
Intention of Clayton Provost
Charles & Anna Szakacs (dec.)
Doug Tenney (dec.)
Intention of Lucie, Alexandra & Mikayla Tenney
Intention of Victoria Vaykovich (multiple)
Intention of Julie Watson & Family and Clarence Watson (dec.) (multiple)
Intention of those suffering from the effects of Covid



Slow me down, Lord

O God, teach me to be slow...

Slow to anger, slow to judge or condemn
And slow to walk that I pass by neither friend nor foe who needs me. Amen.

Shrove Tuesday History

Last week's phrase:
See how well they love

Find the bolded words from the history below. Use the unused letters to find the hidden phrase. (26 letters)

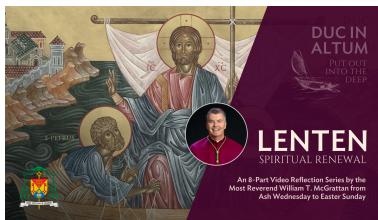
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TUUESDAYADS

Shrove **Tuesday** is the day before Ash Wednesday (the first **day** of Lent), and is observed in many Christian countries through **participating** in confession and absolution, the ritual burning of the **previous** year's **Holy Week** palms, **finalizing** one's Lenten sacrifice, as well as eating pancakes and other **sweets**. The word *shrove* is a form of the English word *shrive*, which means to obtain **absolution** for one's **sins** by way of Confession and doing penance. Thus Shrove Tuesday was named after the custom of Christians to be "**shriven**" before the start of Lent that is to be absolved.

The celebration is followed by **Anglicans**, **Lutherans**, **Methodists** and Roman Catholics, who "make a **special** point of **self-examination**, of **considering** what wrongs they need to repent, and what **amendments of life** or areas of spiritual growth they especially need to ask God's help in dealing with." This **moveable** feast is determined by **Easter**. The term ***Mardi Gras*** is French for "Fat Tuesday", referring to the practice of the **last** night of eating **richer, fatty** foods before the **ritual** fasting of the **Lenten** season, which begins on Ash Wednesday. Traditionally on Shrove Tuesday, churches also **burn** the palms

distributed during the previous year's **Palm Sunday liturgies** to make the **ashes** used during the **services** held on the very **next** day, Ash Wednesday.

The tradition of marking the **start** of Lent has been documented for centuries. "Ecclesiastical Institutes" from around 1000 AD states: "In the week immediately before Lent everyone shall go to his **confessor** and confess his deeds and the confessor shall so shrive him as he then may **hear** by his **deeds** what he is to do [in the **way** of penance]". By the **time** of the late Middle Ages, the celebration of **Shrovetide** lasted until the start of Lent. It was **traditional** in many **societies** to eat pancakes or other foods **made** with the **butter**, **eggs** and fat that would be given up during the Lenten **season**. Similar foods are **fasnachts** and **paczki**. The specific **custom** of eating pancakes on Shrove Tuesday **dates** to the 16th century. In many Christian **parish** churches, **both Protestant** and **Roman** Catholic, a **popular** Shrove Tuesday tradition is the **ringing** of the church **bells** (on this day, the **toll** is known as the **Shriving Bell**) "to call the faithful to confession before the **solemn** season of Lent" and for people to "begin frying their **pancakes**".



Lenten Spiritual Renewal

BEGINNING ON ASH WEDNESDAY AND FOR EACH SUNDAY OF THE SEASON OF LENT, BISHOP MCGRATTAN IS OFFERING SPIRITUAL RENEWAL

reflections for individuals, families and communities in the Diocese as we prepare to celebrate the passion, death and resurrection of Jesus Christ. This 8-part video series of Lenten Spiritual Renewal (15-25 minutes reflection) is a part of the Diocesan Spiritual Renewal "Duc in altum | Put out into the deep". Videos will be made available on social media and the Diocesan website catholicyc.ca. We have the link on our website homepage.

Together In Action - Following the themes of Catholic Social Teaching we need to work together to create a better world and be of service to each other. Funds from this campaign go toward counselling, food, families, youth, and our seminarians, deacons, and retired priests. These are all areas that impact the lives of thousands of people locally, nationally, and internationally and help each of us live a better life. *This year All Saints TIA goal is \$53,598.*

Holy Spirit Catholic Schools are taking **registrations** for new students and continuing Early Learning/Kindergarten students beginning on **February 22**. The Early Learning programming is available for children 3 and 4 years of age and Kindergarten is available for children 5 years of age on, or before, December 31, 2021. Registration for the 2021/2022 school year will be done **ONLINE** this year. If you need assistance or have questions, see www.holyspirit.ab.ca or visit your neighbourhood school.

Martha Retreat Centre Programs - 403-328-3422 or admin@martharetreatcentre.ca

Oasis Days – Thursday, February 25, 9:00 am – 4:00 pm offered virtually via Zoom. Oasis Days begin with a brief time of facilitation that will serve to guide your time of reflection and ends with facilitated reflection.

Centering Prayer - Tuesdays 1:30 – 2:40 pm offered virtually via Zoom. We meet on every Tuesday from 1:30pm to 2:40pm and once a month on Monday evenings at 7pm.

Lenten Twilight Retreat – Monday, March 1, 6:00 pm – 9:00 pm offered virtually via Zoom. During this season of Lent, will we be open to the healing power of His Love? Being able to identify where we, as a society and as individuals, embrace false love is one way to see the True Love in the cross – Jesus Christ. We have the link for this retreat on the All Saints website homepage.

You're Stronger Than You Think - Saturday, March 6, 1:00 pm – 5:00 pm offered virtually via Zoom. Harley will share the valuable faith filled insights to overcome destructive thinking and behaviour and rise to a new level of freedom and happiness. Time tested spiritual strategies will increase your ability to cope with these uncertain times.

Fr. Kevin's Cluttered Desk

The gospel for the 1st Sunday of lent invites us to “repent”. But do we really know what repent means? If we look it up in the dictionary we will find: *feel or express sincere regret or remorse about one's wrongdoing or sin*, and this is fine but it sort of misses the point on “striving to not do it again”. If I really am remorseful for my sins, then there should be a desire to make amends and try not to sin again. In Christianity, contrition, or contriteness (from the Latin *contritus* 'ground to pieces', i.e., crushed by guilt) is repentance for sins one has committed. The remorseful person is said to be contrite. “A sin is committed by the consent; hence contrition is essentially sorrow. But sorrow has a twofold meaning—disagreement of the will (internal distress) and the consequent feeling of sorrow; the former is of the essence of contrition; the latter is its effect.” Perfect contrition (also called contrition of charity), is a repentance for sin that is motivated by faith and the love of God. In contrasts with imperfect contrition, which arises from a less pure motive, such as going because mom or dad said so, it is expected of me, common decency, or fear of Hell or taking God’s forgiveness for granted. Now it may be imperfect contrition, but God can still work with that. Then again so can the devil.

On Ash Wednesday we heard the words, “turn away from sin and be faithful to the Gospel”. It is not good enough to be sorry, true repentance comes from, “be faithful to the gospel”. A new way of life has to begin. Now this will take time and effort and lots of work. But moving from imperfect contrition to perfect contrition is work and well worth the effort, and God is patient. As the saying goes there will be great rejoicing in hell over each fallen Catholic. So, the devil is on the prowl looking to bring us down, and part of his plan is that imperfect contrition. But God has a plan too and God sent His Son into the world for your redemption and my redemption. God has provided these 40 days to help us grow and move forward in our faith, our relationship with Jesus and our love of neighbour. Repent and believe in the good news.

Peace Fr. Kevin

Stations of the Cross

Fridays of Lent 3:00 p.m. at Assumption.

- The maximum number of attendees allowed is what is currently permitted for Sunday Masses, 60 people.
- The faithful must remain in their pews during the entire devotional prayer, observing proper physical distancing when not from the same household and **must wear masks** at all times.
- The leaders will lead from the ambo and the choir area to observe proper social distancing.
- No congregational singing is allowed. The *Stabat Mater* is not sung; it may be read.